

WOLFBERRY



Our wolfberries are carefully selected from high-quality production areas such as Ningxia and Inner Mongolia. The fruit is plump, bright red, and rich in various nutrients. Wolfberries have been praised as a tonic since ancient times. Not only can they be eaten directly, but they can also be used to make tea, soup, or as an ingredient in medicinal food to help enhance immunity and maintain health and vitality.

【 MAIN INGREDIENTS 】

100 % natural wolfberry, no artificial colors, preservatives or other additives.

【 EFFICACY AND FEATURES 】

Nourishing and health-preserving: Wolfberry is rich in a variety of vitamins, minerals and amino acids. It has the effects of nourishing yin and nourishing the kidneys, moistening the lungs and improving eyesight. It is an ideal choice for daily health maintenance.

Enhance immunity: Wolfberry is rich in polysaccharides, which can enhance immunity and help resist diseases.

Improve eyesight and protect eyes: Wolfberry has a significant effect on protecting eyesight, especially suitable for people who use their eyes for a long time.

Delay aging: The natural antioxidants in wolfberry can help remove free radicals in the body, delay the aging process, and maintain youthful vitality.

【 APPLICABLE SCENARIOS 】

Wolfberry is suitable for all types of people, especially middle-aged and elderly people and those with weak constitutions. It can be eaten directly, or used to make tea, soup, wine, medicinal diet, etc. It is an ideal choice for daily nourishment and health care.

【 HOW TO USE 】

Direct consumption: Take 20-30 wolfberry berries daily, which can be eaten as a snack or with meals to supplement nutrition.

Make tea: Take an appropriate amount of wolfberry, chrysanthemum, red dates, etc. and make tea together to drink, which will help improve eyesight and beauty.

Make soup: Make soup with wolfberry, chicken, ribs, etc., the nourishing effect is remarkable.

Soaking in wine: Soaking wolfberry berries with white wine or rice wine. Long-term drinking can help strengthen your physical condition.

【 PACKAGING AND STORAGE RECOMMENDATIONS 】

Packaging: Wolfberry is packed in sealed bags or cans to ensure the fruit is dry and fresh, making it easy to access and store.

Storage: Please store in a cool, dry place away from direct sunlight and moisture. It is recommended to keep it sealed after opening to maintain the nutrition and taste of wolfberry.

【 THINGS TO NOTE 】

Lycium barbarum is warm in nature, so those with hot and dry constitutions should consume it in moderation.

It is advisable to consume it in moderation, with the recommended daily consumption not exceeding 30 grams.