

RED BEAN AND JOB'S TEA



Our adzuki bean and barley tea is made from carefully selected high-quality adzuki beans and barley, combined with traditional Chinese medicine and diet theory. This tea is famous for its unique health-preserving effects. Adzuki beans and barley are both recognized as healthy ingredients. They can help remove dampness and swelling, strengthen the spleen and dilute water. It is an ideal drink for daily health maintenance and physical conditioning. Adzuki bean and barley tea has a mild taste and is suitable for all types of people to drink in all seasons.

【 MAIN INGREDIENTS 】

Adzuki bean, coix seed

【 EFFECTS AND FEATURES 】

Dehumidification and swelling: Adzuki bean and coix seed have the effect of promoting water and moisture, helping to eliminate excess water in the body and reduce edema.

Strengthening the spleen and stomach: This tea helps to regulate the spleen and stomach function, and is suitable for people with weak spleen and stomach and indigestion.

Beauty and skin care: Coix seed is rich in dietary fiber and vitamins, which can help detoxify and beautify the skin, making the skin smoother and more delicate.

Replenishing qi and blood: Adzuki bean is rich in iron, which helps to replenish qi and blood, improve anemia symptoms, and enhance physical vitality.

【 APPLICABLE SCENARIOS 】

Adzuki bean and coix seed tea is suitable for daily drinking, especially for those who sit in the office for a long time, have heavy moisture in the body, and have weak spleen and stomach. It can be used as a healthy drink for breakfast or afternoon tea, and is also suitable for drinking after exercise or when the body is tired to help restore physical strength.

【 USAGE 】

Take an appropriate amount of adzuki bean and coix seed tea bag or loose tea and put it in a teacup or teapot.

Add hot water (about 90°C) and soak for 5-10 minutes. When the tea soup turns light yellow, it can be drunk.

You can add a small amount of rock sugar or honey to taste according to your personal taste, or add ingredients such as red dates or wolfberries to brew together to enhance the health-preserving effect.

【 PACKAGING AND STORAGE SUGGESTIONS 】

Packaging: Red bean and barley tea uses independent tea bags or bulk bags, which is easy to carry and brew, ensuring the freshness of the tea.

Storage: Please place in a cool and dry place, avoid direct sunlight and moisture. Please seal it after opening to maintain the aroma and nutrients of the tea.

【 PRECAUTIONS 】

Barley is cool in nature, and pregnant women and people with cold constitution should drink it in moderation.

Red bean and barley tea has a certain diuretic effect, and people with weak bodies should not drink excessively.

◆ Phone / WeChat / WhatsApp: +8618633640012

◆ Mail: 277605659@qq.com ◆ Website: www.cn-qihuikang.com