

DANDELION



Our dandelion tea is selected from naturally grown high-quality dandelions and is finely processed to retain its rich nutrients. Dandelion tea has been regarded as a good product for clearing away heat and detoxification since ancient times. It has many health benefits such as anti-inflammatory, diuretic, and liver protection. The tea soup is golden in color, refreshing and slightly bitter in taste, with a sweet aftertaste. It is an ideal drink for daily conditioning and health care.

【 MAIN INGREDIENTS 】

100 % natural dandelion leaves or dandelion roots, without any additives.

【 EFFICACY AND CHARACTERISTICS 】

Detoxification: Dandelion tea has the effect of clearing heat and detoxification, which can help detoxify and improve skin problems.

Diuretic and detumescence: Dandelion has a diuretic effect, which helps to eliminate excess water in the body and reduce edema and swelling.

Protect the liver and stomach: Dandelion has a certain protective effect on the liver, helps to promote the normal functioning of liver function, and has a mild conditioning effect on the gastrointestinal tract.

Anti-inflammatory and antibacterial: The natural ingredients in dandelion tea help to resist inflammation and antibacterial, enhance immunity and prevent infection.

【 APPLICABLE SCENARIOS 】

Dandelion tea is suitable for daily drinking, especially for people who want to regulate the body and clear heat and detoxify in a natural way. It can be drunk during work, study or after meals to help relax the body and mind and promote digestion. Long-term drinking can also be used as a daily health tea for the liver and gastrointestinal tract.

【 USAGEUSAGE 】

Take an appropriate amount of dandelion tea leaves or tea bags and put them in a teacup or teapot.

Add boiling water (about 95°C) and brew for 5-8 minutes. When the tea soup turns golden yellow, it can be consumed.

According to personal taste, honey or rock sugar can be added for flavoring. It can also be brewed with chrysanthemum, wolfberry, etc. to enhance the health care effect.

【 PACKAGING AND STORAGE SUGGESTIONS 】

Packaging: Dandelion tea is packaged in individual tea bags or bulk bags to keep the tea fresh and easy to carry and brew.

Storage: Please place in a cool and dry place, avoid direct sunlight and moisture. Please seal after opening to maintain the nutrition and aroma of the tea.

【 PRECAUTIONS 】

Dandelion tea is cold in nature, and people with spleen and stomach deficiency should drink it in moderation.

People who take medication for a long time or have special health conditions are recommended to consult a doctor before drinking.